

50m pool

18M POOL TIMETABLE

	5-7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12	12-2	3	3.30	4	4.30	5PM	5.30	6-7PM
MON																			
Lane 1					walk	walk								LTS	LTS	LTS	LTS		
Lane 2					walk	walk													
TUES																			
Lane 1											phys			LTS	LTS	LTS	LTS	LTS	
Lane 2		LTS	LTS	LTS	LTS	LTS									LTS				
WED																			
Lane 1				LTS	LTS	LTS	LTS	LTS	LTS	LTS	LTS			LTS	LTS	LTS			
Lane 2																			
THUR																			
Lane 1														LTS	LTS	LTS	LTS	LTS	LTS
Lane 2														LTS		LTS	LTS		
FRI																			
Lane 1					walk	walk													
Lane 2					walk	walk													
SAT																			
Lane 1			LTS	LTS	LTS	LTS	LTS	LTS	LTS	LTS	LTS	LTS							
Lane 2			LTS	LTS	LTS	LTS	LTS	LTS	LTS	LTS	LTS	LTS							
Lane 3		LTS	LTS	LTS	LTS	LTS	LTS	LTS	LTS	LTS	LTS	LTS							
SUN																			
Lane 1																			
Lane 2																			

LTS : Learn to Swim lessons (If Lane available quiet swimming only) SATURDAY PLEASE DIVIDE POOL INTO 6. 3 LONG LANES AND ACROSS THE MIDDLE