

50m pool

MON	5.30	7.00		9.00	10.00	11.00	12-3	3.00	3.30	4.00	4.30	5.00	5.30	6.00
Lane 1										Marlin	Orca/Mar	Marlin	Shark	Swim Fit
Lane 2								Squads 3.30 - 6.00pm						
Lane 3														
Lane 4														
Lane 5														
Lane 6			Aqua									Special Olympics Training		
Lane 7														
Lane 8														
TUES	5.30	7.00	8.00	9.00	10.00	11.00	12-3	3.00	3.30	4.00	4.30	5.00	5.30	6.00
Lane 1		Squads 6.00 -7.30						Private		Marlin		Private		CLOSED Club Night Terms 1 & 4 Open for lap swim Terms 2 & 3
Lane 2								Squads 3.30 - 6.00pm						
Lane 3														
Lane 4														
Lane 5														
Lane 6			Aqua											
Lane 7		Rehab												
Lane 8														
WED	5.30-7	7.00	8.00	9.00	10.00	11.00	12-3	3.00	3.30	4.00	4.30	5.00	5.30	6.00
Lane 1									Shark	Marlin	Teen	Teen	Dive	
Lane 2								Squads						
Lane 3														
Lane 4														
Lane 5														
Lane 6										Aqua				
Lane 7														
Lane 8														
THUR	5.30-7	7.00	8.00	9.00	10.00	11.00	12-3	3.00	3.30	4.00	4.30	5.00	5.30	6.00
Lane 1										Orca / Marlin		Go Academy	Adult	Swim Fit
Lane 2								Squads						
Lane 3														
Lane 4														
Lane 5														
Lane 6			Aqua									Special Olympics Training		
Lane 7		Rehab												
Lane 8														
FRI	5.30-7	7.00	8.00	9.00	10.00	11.00	12-3	3.00	3.30	4.00	4.30	5.00	5.30	6.00
Lane 1														
Lane 2														
Lane 3														
Lane 4														
Lane 5														
Lane 6			Aqua											
Lane 7														
Lane 8														
SAT	6-7	7.00	8.00	9.00	10.00	11.00	12-3	3.00	3.30	4.00	4.30	5.00	5.30	6.00
Lane 1	Squads		Go Acad	Adul	Marlin							CLOSED		
Lane 2					Adul									
Lane 3			Shk	Marlin										
Lane 4		Seal												
Lane 5														
Lane 6			Special Olympics Training											
Lane 7														
Lane 8														
SUN	6-7	7.00	8.00	9.00	10.00	11.00	12-3	3.00	3.30	4.00	4.30	5.00	5.30	6.00
Lane 1	CLOSED											CLOSED		
Lane 2														
Lane 3														
Lane 4														
Lane 5														
Lane 6			Special Olympics Training											
Lane 7														
Lane 8														

	5-7	7.30	8	8.30	9	9.30	10	10.30	11	11.30	12	12-2	3	3.30	4	4.30	5PM	5.30	6-7PM	
MON																				
Lane 1					walk	walk								LTS	LTS	LTS	LTS			
Lane 2					walk	walk														
TUES																				
Lane 1											phys			LTS	LTS	LTS	LTS	LTS		
Lane 2		LTS	LTS	LTS	LTS	LTS	LTS									LTS				
WED																				
Lane 1				LTS	LTS	LTS	LTS	LTS	LTS	LTS				LTS	LTS	LTS				
Lane 2																				
THUR																				
Lane 1														LTS	LTS	LTS	LTS	LTS	LTS	LTS
Lane 2														LTS		LTS	LTS			
FRI																				
Lane 1					walk	walk														
Lane 2					walk	walk														
SAT																				
Lane 1			LTS	LTS	LTS	LTS	LTS	LTS	LTS	LTS	LTS									
Lane 2			LTS	LTS	LTS	LTS	LTS	LTS	LTS	LTS	LTS									
Lane 3		LTS	LTS	LTS	LTS	LTS	LTS	LTS	LTS	LTS	LTS									
SUN																				
Lane 1																				
Lane 2																				

LTS : Learn to Swim lessons (If Lane available quiet swimming only) SATURDAY PLEASE DIVIDE POOL INTO 6. 3 LONG LANES AND ACROSS THE MIDDLE